

# Qualified Safety Plan Requirements

1. League Safety Officer: **John Dankha** on file with Little League Headquarters.
2. Huntington West Little League will distribute a paper copy of this Safety Manual to all Managers/Coaches, league volunteers and the District Administrator. It is the intent of Huntington West Little League to provide and encourage a fun, safe and supportive environment for the players, families and spectators. A copy can also be found on the league website – [www.huntingtonwestll.com](http://www.huntingtonwestll.com)

3. Emergency Phone Number: **911**

Local Police Non-Emergency (Huntington Beach): (714) 960-8811

Local Police Non-Emergency (Westminster): (714) 898-3315

Local Fire Non-Emergency (Huntington Beach): (714) 536-2501

Local Fire Non-Emergency (Westminster): they recommend calling 911 or the Orange County fire authority (714)573-6000

## Board of Directors

PRESIDENT	Jacques Bloomfield	714-884-2412	hwllpresident@gmail.com
VICE PRESIDENT	Ian Whitten	657-250-5711	hwllvicepresident@gmail.com
TREASURER	Elaine Wilcox	714-402-1883	hwlltreasurer@gmail.com
SECRETARY	Russell Wolf	818-731-9813	hwllsecretary@gmail.com
V.P UPPER DIV.	Jeremy Linane	951-541-6231	hwllvpupperdivisions@gmail.com
V.P. LOWER DIV.	Chris Tu	714-293-4141	hwllvpowerdivisions@gmail.com
PLAYER AGENT U-DIVISION	Kurt Hesse	949-294-3773	hwllupperpa@gmail.com

PLAYER AGENT L-DIVISION	Lauren Acoutin	714-277-2479	hwlllowerdivisionplayeragent@gmail.com
UIC	Dana Zwicky		hwlluic@gmail.com
SAFETY OFFICER	John Dankha	(714)355-5543	hwllsafetyofficer@gmail.com
IT OFFICER/WEBSITE	Adam Pereyra		hwllinformationofficer@gmail.com
LEAGUE SCOREKEEPER	Eric Sadahiro	949-310-6855	hwll.officialscorekeeper@gmail.com
MASTER SCHEDULER	Heidi Saldana	714-222-1376	hwllscheduler@gmail.com
LEAGUE TEAM MOM	Mini Franco	323-321-4196	hwllteammom@gmail.com
<b>GENERAL BOARD OF DIRECTORS</b>			
<b>TITLE</b>	<b>NAME</b>		<b>EMAIL</b>
FUNDRAISING	Tarek Graves	917-327-0462	fundraisinghwll@gmail.com
SPONSORS	Lesly Tune	714-725-6487	hwllsponsorships@gmail.com
UNIFORMS	Katie Altermatt	714-308-5871	hwlluniforms@gmail.com
EQUIPMENT	Lauren Morey	714-884-0824	hwllequipment@gmail.com
FIELD MAINTENANCE	Tony Vitello	714-585-8337	rwfieldmaintenancehwll@gmail.com
PICTURE DAY	Kurt Hesse		

**This list will be posted in the concessions area and on the league website**

4. Huntington West Little League will use JDP to screen all of our volunteers.

All managers, coaches, board members and any other volunteers or hired workers, who provide regular services to the league and/or have repetitive access to or contact with players or teams must complete a background check through JDP.

Anyone refusing to complete or failing the JDP background check is ineligible to be even a league member.

Huntington West Little League will conduct supplemental criminal checks on volunteers that put it more than 16 hours per month or 32 hours per year using a livescan test. This is being developed in 2022 and as of the date of this safety plan, HWLL is awaiting further instruction from California DOJ.

#### **5. Reporter Mandate:**

HWLL is implementing the AB506 by mandating reporter training of all managers, coaches and team moms. Furthermore, HWLL is instructing managers, coaches

and team moms to strictly abide by this regulation by having at a minimum two “reporters” present with the kids at all times when kids are under the supervision of volunteers. All managers, coaches and team moms are mandated to take this following online course:

<https://www.mandatedreporter.ca.com/training/volunteers>

#### **6. Concussion awareness and training:**

Huntington West Little League will require all managers, coaches and team mom’s to take online courses regarding concussion awareness and provide a certificate to the safety officer of passing this course before being allowed interaction with kids:

<https://www.cdc.gov/headsup/youthsports/training/index.html>

#### **7. Cardiac Arrest:**

Huntington West Little League will require all managers, coaches and team mom’s to take online courses regarding cardiac arrest on awareness and provide a certificate to the safety officer of passing this course before being allowed interaction with kids:

<https://epsavealife.org/sca-prevention-training/>

#### **8. Child abuse awareness training:**

Huntington West Little League will require all managers, coaches and team mom’s to take online courses regarding cardiac arrest on awareness and provide a certificate to the safety officer of passing this course before being allowed interaction with kids:

[https://www.littleleague.org/player-safety/child-protection-program/safesport-resources-parents/?utm\\_source=DA%20Bulletin%20-%20January&utm\\_medium=email&utm\\_campaign=safesport%20link](https://www.littleleague.org/player-safety/child-protection-program/safesport-resources-parents/?utm_source=DA%20Bulletin%20-%20January&utm_medium=email&utm_campaign=safesport%20link)

#### **9. Parents’ concussion awareness:**

Huntington West Little League will require all parents to read and sign the parents’ concussion awareness document found here:

[https://www.cdc.gov/headsup/pdfs/youthsports/Parent\\_Athlete\\_Info\\_Sheet-a.pdf](https://www.cdc.gov/headsup/pdfs/youthsports/Parent_Athlete_Info_Sheet-a.pdf)

10. Fundamentals Training: Feb 5<sup>th</sup> , 2022 At least one Manager/Coach from each team must attend the training. Every Manager/Coach will attend this training at least once every 3 years. Training will be at Robinwood Fields.
11. First Aid Training: Feb 5<sup>th</sup> , 2022 Huntington West Little League will require at least one Manager/Coach from each team to attend. Every Manager/Coach must attend this training once every 3 years. Training will be at Robinwood field.
12. HWLL is purchasing 3 AEDs. One to be placed in each of the ball parks we use in a shed accessible to all managers/coaches.
13. Coaches will be required to walk/inspect the fields prior to practices and games. Coaches are to inspect protective fence tops prior to field use. Umpires will also be required to walk the fields for hazards before each game.

#### **FIELD SAFETY PROCEDURES**

It is the responsibility of the Manager of each team to ensure everyone adheres to the following field safety procedures:

No practices are to be held on fields other than those specified by Board of Directors.

No practices or games are to be held when weather and/or daylight is not satisfactory.

**SAFETY FIRST!!!**

All areas of the field are to be inspected for holes, rocks, glass and other foreign objects and corrected PRIOR to the start of play. All common areas are to be inspected by the assigned Officer of the Day.

All equipment will be stored in the dugouts in a safe manner to avoid tripping. A coach is to be assigned to retrieve any loose balls or bats.

Warm-ups are to be conducted on the field or bullpen ONLY. When utilizing the bullpen, secure the gate during and after use.

Head first sliding is not allowed except when returning to a base.

Parents of players who wear glasses are encouraged to purchase "safety glasses."

Players are not permitted to wear jewelry. Medic-Alert bracelets are allowed.

Managers, coaches and/or scorekeepers must keep a pitch count to avoid injury. Safety cap on fencing is provided for all players and should not be removed. No one should ever climb the fences.

NO on-deck batters permitted. The next batter up must stay inside the dugout, inside the fence.

NO Pepper Drills. Do not throw balls against the dugout or fencing at any time. Soft toss may be done with Whiffle balls.

Players are to remain in the dugout in an orderly manner. Up to 3 adults are permitted in the dugout.

### **EQUIPMENT SAFETY**

Managers are responsible for inspecting and reporting any defective equipment to the Equipment board officer.

Painting of batting helmets is prohibited.

All catchers helmets must have a dangling throat protector.

All bats must be Little League approved

Anyone with access to the equipment sheds are to be made fully aware of their responsibilities and to ensure the safe and orderly storage, as well as usage, of all items contained within the sheds.

Safety goggles are MANDATORY for the use of an edger, weed whacker and spraying of any chemicals.

If any equipment should break, immediately stop utilizing and notify the Field Maintenance Manager or any Board Member.

**NO CHILDREN ARE ALLOWED TO USE ANY MACHINERY AT ANY TIME YOU MUST BE AT LEAST 16 YEARS OF AGE AND PROPERLY TRAINED TO USE THE ATV TO DRAG THE FIELDS. NO ONE IS PERMITTED TO "GIVE RIDES" ON THE ATV.**

## **14. Concession Stand Safety:**

### **SNACK BAR PROCEDURES**

Before handling food, volunteers must wash their hands with hot water and antibacterial soap. Serving gloves must be worn when handling food.

#### **NO EATING IN THE SNACK BAR**

All utensils and containers must be thoroughly wash with hot water and dish soap before and after use. Keep trash picked up inside and immediately adjacent to Snack Bar. Immediately clean up any spills to avoid falls.

A fully stocked First Aid Kit is kept near the door of the Snack Bar.

Complete an Incident/Tracking Report for all incidents that occur within the Snack Bar and notify the Safety Officer.

At closing, all food items must be properly stored and refrigerated as needed. Dispose of all expired food items.

Remove fountain machine spouts and store in lukewarm water to keep sanitary. Clean all equipment and counters thoroughly.

Sweep floor and empty trash container.

15. The Huntington West Little League will inspect all equipment in the pre-season. Managers/Coaches will inspect all equipment prior to each practice and game. Umpires will be required to inspect equipment prior to each game.

**16. Implement Prompt Accident Reporting**

Huntington West Little League Managers/Coaches will report all incidences to the Safety Officer with 24-48 hours of the incident. All incidences will be recorded on the Activities/Reporting form and emailed to the Safety Officer at [hwllsafetyofficer@gmail.com](mailto:hwllsafetyofficer@gmail.com), within 24-48 hours of the incident. An incident is any action that causes any participant to receive medical treatment or first aid. If you have doubt, REPORT IT!

17. Each team will be issued an updated First Aid Kit and is required to have it at every practice and game.

First Aid Do's and Don't's

Do...Have a wireless phone with you or know the location of a public phone to call 911

Do...Have at least one other adult with you at ALL times to assist in getting help

Do...Reassure, calm, and aid children who are lost, frightened or injured

Do...Carry your First Aid Kit and registration forms, with medical information on each player, to all practices and games

Do...Look for signs of injury such as blood, bruising, or deformity of a joint

Do...Listen to the injured person describe what happened and where they are hurt

Do...Gently and carefully feel the injured area for swelling or grating of a possible broken bone

Do...Complete an Incident/Injury Form and contact the League Safety Officer with 24 hours

Don't...Administer any medicines

Don't...Provide food or drink

Don't...Be afraid to ask for help if you are not sure what to do

Don't...Transport the injured person except in extreme cases

Don't...Leave any practice or game until ALL of your players are picked up by their parent/guardian

18. Huntington West Little League will require all teams to enforce ALL Little League rules including:

- i) Proper equipment for Catchers ii)
- No on-deck batters iii) Bases will disengage on all fields

The League provides the 2022 Official Regulations and Playing Rules to all Managers, Umpires and Board Members.

19. League Player Registration Data and Coach/Manager Data

20. This season all managers will be required to attend a manager's clinic, where positive coaching practices and safety training will be discussed. Safety protocol, Concussion Training and First Aid training will be shared prior to receiving equipment and beginning their first practice.

### **SAFETY REMINDERS**

5 MPH Speed Limit is to be observed in the parking lot and while driving the ATV on the field. Only park in marked spaces. Always remain alert to children coming out from between cars and crossing fields. No skating or biking near bowl areas. NO dogs at Robinwood or on any school property.

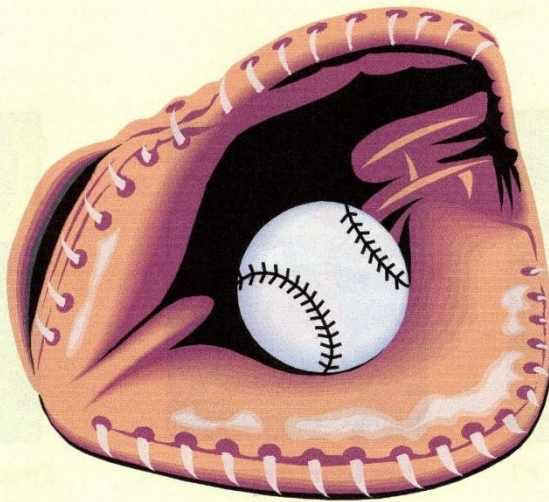
NO tobacco in any form is allowed during games or practices at the Huntington West Little League fields.

NO alcohol is permitted anywhere within the Huntington West Little League grounds.

NO Profanity. Disciplinary action may be taken if any Manager or Coach uses profanity during a game or practice. Spectators using profanity will be asked to leave.



# Coach, Please Let Players Catch!



**REMEMBER:**

**Coaches and managers must not warm up pitchers. Let Players Catch.**

**RULE 3.09**

"...Managers or coaches must not warm up a pitcher at home plate or in the bull pen or elsewhere at any time. They may, however, stand to observe a pitcher during warm-up in the bull pen."





# Suggestions for Warm-up Drills



## Heel Cord Stretches

Lean against a wall. Reach one leg behind you. Keep the knee straight, heel on the ground, and toes pointed forward. Slightly bend the leg that's closer to the wall. Lean forward. You should feel the stretch along the back of your calf. Repeat with other leg.



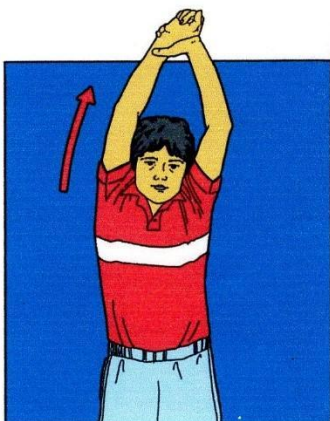
## Head and Neck Circles

Make a circle with your head, going around first in one direction five times. Then reverse and make five circles in the opposite direction.



## Low Back Stretches

Lie on your back, bring one knee up, and pull the knee slowly toward your chest. Hold and repeat three times. Switch legs and repeat.



## Shoulder Stretches #1

Stand or sit, holding your throwing arm at the wrist with your other hand. Put your arm over your head and pull gently, feeling your upper arm against your head. You should feel the stretch inside your shoulder.



## Shoulder Stretches #2

Stand or sit, holding onto the elbow of your throwing arm with your other hand. Gently pull your throwing arm across your chest. You should feel the stretch inside your shoulder, especially at the back.



## Shoulder Stretches #3

Stand or sit with your pitching arm out to the side and your elbow bent. Move your arm back until you feel the stretch in the front of your shoulder.



## Thigh Stretches #1

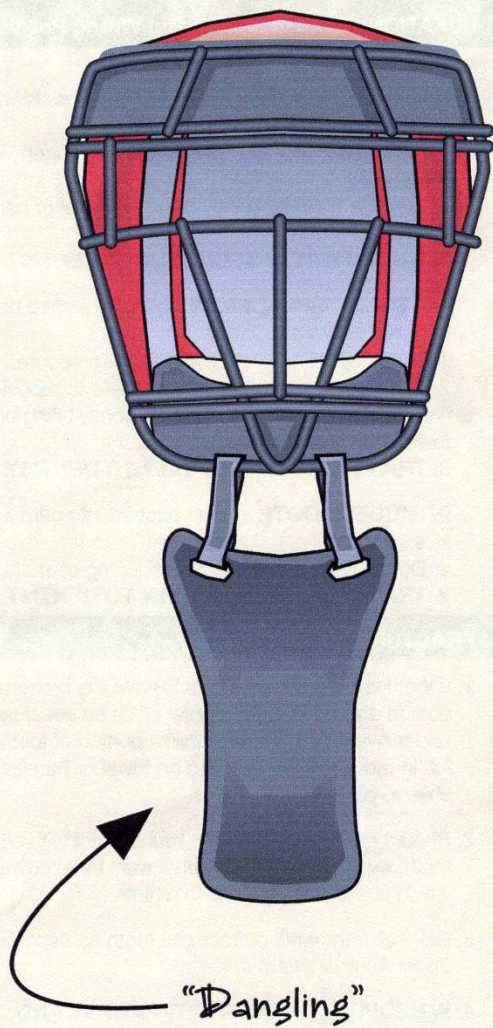
Sit on the ground. Stretch both legs out in front of you. Reach forward, touching your toes. Eventually, you want to lean forward far enough to put your head on your knees. You should feel the stretch along the backs of your legs.

## Thigh Stretches #2

Sit on the ground with one leg stretched out in front of you. Bend the other knee and put your foot behind you. Lean backwards. You should feel the stretch along the front of your thigh.







# Make Sure They Are Safe!

**REMEMBER:**

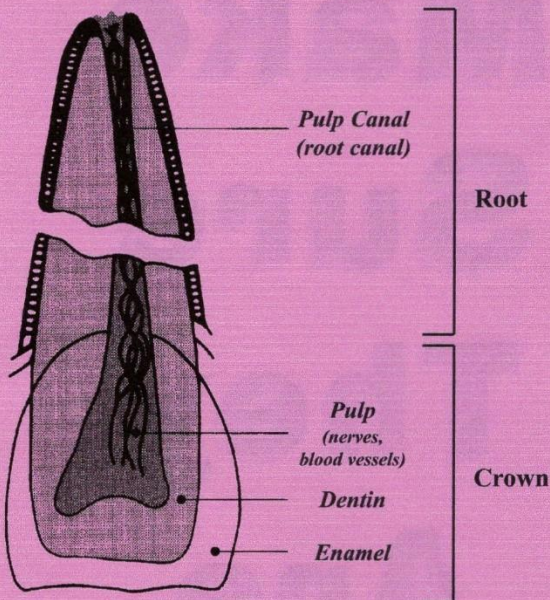
**Catchers must wear helmets during warm-ups and infield/outfield practice.**

**RULE 1.17**

"...All catchers must wear a mask, 'dangling' type throat protector and catcher's helmet during infield/outfield practice, pitcher warm-up and games."



## Emergency Treatment of Athletic Dental Injuries



*Professionally-made, properly fitted Custom Mouthguards greatly reduce the risk and severity of mouth injuries. Mouthguards are recommended injury prevention equipment for all at-risk sports.*

### AVULSION (Entire Tooth Knocked Out)

1. Avoid additional trauma to tooth while handling. **Do Not** handle tooth by the root. **Do Not** brush or scrub tooth. **Do Not** sterilize tooth.
2. If debris is on tooth, *gently* rinse with water.
3. If possible, reimplant and stabilize by biting down gently on a towel or handkerchief. Do only if athlete is alert and conscious.
4. If unable to reimplant:  
 Best - Place tooth in Hank's Balanced Saline Solution, i.e. "Save-a-tooth."  
 2nd best - Place tooth in milk. Cold whole milk is best, followed by cold 2% milk.  
 3rd best - Wrap tooth in saline-soaked gauze.  
 4th best - Place tooth under athlete's tongue. Do this **ONLY** if athlete is conscious and alert.  
 5th best - Place tooth in cup of water.
5. Time is very important. Reimplantation within 30 minutes has the highest degree of success rate. **TRANSPORT IMMEDIATELY TO DENTIST.**

### LUXATION (Tooth in Socket, But Wrong Position)

#### THREE POSITIONS

**EXTRUDED TOOTH** - Upper tooth hangs down and/or lower tooth raised up.

1. Reposition tooth in socket using firm finger pressure.
2. Stabilize tooth by gently biting on towel or handkerchief.

**3. TRANSPORT IMMEDIATELY TO DENTIST.**

**LATERAL DISPLACEMENT** - Tooth pushed back or pulled forward.

1. Try to reposition tooth using finger pressure.
2. Athlete may require local anesthetic to reposition tooth; if so, stabilize tooth by gently biting on towel or handkerchief.

**3. TRANSPORT IMMEDIATELY TO DENTIST.**

**INTRUDED TOOTH** - Tooth pushed into gum - looks short.

1. Do nothing - avoid any repositioning of tooth.
2. **TRANSPORT IMMEDIATELY TO DENTIST.**

### FRACTURE (Broken Tooth)

1. If tooth is totally broken in half, save the broken portion and bring to the dental office as described under Avulsion, Item 4. Stabilize portion of tooth left in mouth by gently biting on towel or handkerchief to control bleeding.
2. Should extreme pain occur, limit contact with other teeth, air or tongue. Pulp nerve may be exposed, which is extremely painful to athlete.
3. Save all fragments of fractured tooth as described under Avulsion, Item 4.
4. **IMMEDIATELY TRANSPORT PATIENT AND TOOTH FRAGMENTS TO DENTIST.**

**Academy for  
Sports Dentistry**  
875 North Michigan Ave.  
Suite 4040  
Chicago, IL 60611-1901

1800-273-1788  
1800-ASD-1788

The Academy for Sports Dentistry, a professional organization dedicated to the dental needs of athletes at risk to sports injuries, recommends that every sports medicine team include a dentist knowledgeable in sports dentistry.







**MOUTHGUARDS SHOULD NOT BE  
OPTIONAL EQUIPMENT**





## **HAVE YOU:**

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-  **Walked field for debris/foreign objects**
  -  **Inspected helmets, bats, catchers' gear**
  -  **Made sure a First Aid kit is available**
  -  **Checked conditions of fences, backstops, bases and warning track**
  -  **Made sure a working telephone is available**
  -  **Held a warm-up drill**
-



# Don't Swing It

**...Until You're Up to the Plate!**



(Photos from North Scott, Iowa, Little League)

**Don't let this happen to you, or to a teammate.**

**REMEMBER:**

**Don't pick up your bat until you leave the dugout, to approach the plate.**

**RULE 1.08, Notes**

"1. The on-deck position is not permitted in Tee Ball, Minor League or Little League (Majors) Division. 2. Only the first batter of each half-inning will be allowed outside the dugout between the half-innings in Tee Ball, Minor League or Little League (Majors) Division."



# Asthma Emergency Signs

## Seek Emergency Care If A Child Experiences Any Of The Following:

- + Child's wheezing or coughing does not improve after taking medicine (15-20 minutes for most asthma medications)
- + Child's chest or neck is pulling in while struggling to breathe
- + Child has trouble walking or talking
- + Child stops playing and cannot start again
- + Child's fingernails and/or lips turn blue or gray
- + Skin between child's ribs sucks in when breathing

**Asthma is different for every person.**

The "Asthma Emergency Signs" above represent general emergency situations as per the National Asthma Education and Prevention Program 1997 Expert Panel Report.

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If you are at all uncertain of what to do in case of a breathing emergency...

**Call 9-1-1 and the child's parent/guardian!**

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**Michigan Asthma Steering Committee of the Michigan Department of Community Health**

(From the Grandville, Mich., Little League 2001 Safety Plan)





**WHEN IT'S HOT,  
DRINK BEFORE  
YOU'RE THIRSTY.**

© 1996 Little League Baseball® and Musco Lighting, Inc.

### **Drinking Guidelines For Hot Day Activities**

**Before:** Drink 8 oz. immediately before exercise

**During:** Drink at least 4 oz. every 20 minutes

**After:** Drink 16 oz. for every pound of weight lost

**Dehydration signs:** Fatigue, flushed skin, light-headed

**What to do:** Stop exercising, get out of sun, drink

**Severe signs:** Muscle spasms, clumsiness, delirium

## Activities/Reporting

## A Safety Awareness Program's Incident/Injury Tracking Report

League Name: \_\_\_\_\_ League ID: \_\_\_\_ - \_\_\_\_ - \_\_\_\_ Incident Date: \_\_\_\_\_

Field Name/Location: \_\_\_\_\_ Incident Time: \_\_\_\_\_

Injured Person's Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Address: \_\_\_\_\_ Age: \_\_\_\_\_ Sex: ☐ Male ☐ Female

City: \_\_\_\_\_ State \_\_\_\_\_ ZIP: \_\_\_\_\_ Home Phone: ( ) \_\_\_\_\_

Parent's Name (If Player): \_\_\_\_\_ Work Phone: ( ) \_\_\_\_\_

Parents' Address (If Different): \_\_\_\_\_ City \_\_\_\_\_

### Incident occurred while participating in:

A.) ☐ Baseball ☐ Softball ☐ Challenger ☐ TAD

B.) ☐ Challenger ☐ T-Ball (5-8) ☐ Minor (7-12) ☐ Major (9-12) ☐ Junior (13-14)

☐ Senior (14-16) ☐ Big League (16-18)

C.) ☐ Tryout ☐ Practice ☐ Game ☐ Tournament ☐ Special Event

☐ Travel to ☐ Travel from ☐ Other (Describe): \_\_\_\_\_

### Position/Role of person(s) involved in incident:

D.) ☐ Batter ☐ Baserunner ☐ Pitcher ☐ Catcher ☐ First Base ☐ Second

☐ Third ☐ Short Stop ☐ Left Field ☐ Center Field ☐ Right Field ☐ Dugout

☐ Umpire ☐ Coach/Manager ☐ Spectator ☐ Volunteer ☐ Other: \_\_\_\_\_

Type of injury: \_\_\_\_\_

Was first aid required? ☐ Yes ☐ No If yes, what: \_\_\_\_\_

Was professional medical treatment required? ☐ Yes ☐ No If yes, what: \_\_\_\_\_

(If yes, the player must present a non-restrictive medical release prior to to being allowed in a game or practice.)

### Type of incident and location:

A.) On Primary Playing Field

☐ Base Path: ☐ Running or ☐ Sliding

☐ Hit by Ball: ☐ Pitched or ☐ Thrown or ☐ Batted

☐ Collision with: ☐ Player or ☐ Structure

☐ Grounds Defect

☐ Other: \_\_\_\_\_

B.) Adjacent to Playing Field

☐ Seating Area

☐ Parking Area

C.) Concession Area

☐ Volunteer Worker

☐ Customer/Bystander

D.) Off Ball Field

☐ Travel:

☐ Car or ☐ Bike or

☐ Walking

☐ League Activity

☐ Other: \_\_\_\_\_

Please give a short description of incident: \_\_\_\_\_

Could this accident have been avoided? How: \_\_\_\_\_

This form is for Little League purposes only, to report safety hazards, unsafe practices and/or to contribute positive ideas in order to improve league safety. When an accident occurs, obtain as much information as possible. For all claims or injuries which could become claims, please fill out and turn in the official Little League Baseball Accident Notification Form available from your league president and send to Little League Headquarters in Williamsport (Attention: Dan Kirby, Risk Management Department). Also, provide your District Safety Officer with a copy for District files. All personal injuries should be reported to Williamsport as soon as possible.

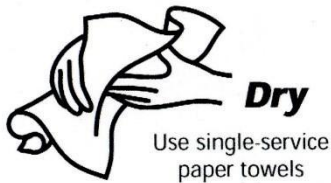
Prepared By/Position: \_\_\_\_\_ Phone Number: (\_\_\_\_) \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_



# Volunteers Must Wash Hands

## HOW



## WHEN

**Wash your hands before you prepare food or as often as needed.**

**Wash after you:**

- ▶ use the toilet
- ▶ touch uncooked meat, poultry, fish or eggs or other potentially hazardous foods
- ▶ interrupt working with food (such as answering the phone, opening a door or drawer)
- ▶ eat, smoke or chew gum
- ▶ touch soiled plates, utensils or equipment
- ▶ take out trash
- ▶ touch your nose, mouth, or any part of your body
- ▶ sneeze or cough

**Do not touch ready-to-eat foods with your bare hands.**

Use gloves, tongs, deli tissue or other serving utensils.  
Remove all jewelry, nail polish or false nails unless you wear gloves.

**Wear gloves.**

when you have a cut or sore on your hand  
when you can't remove your jewelry

**If you wear gloves:**

- ▶ wash your hands before you put on new gloves

**Change them:**

- ▶ as often as you wash your hands
- ▶ when they are torn or soiled

Developed by UMass Extension Nutrition Education Program with support from U.S. Food & Drug Administration in cooperation with the MA Partnership for Food Safety Education, United States Department of Agriculture Cooperating. UMass Extension provides equal opportunity in programs and employment.





## REOPENING of 2020 Huntington West Little League

**Purpose:** To create a safe environment for Little League athletes, spectators and volunteers

**Goal:** To ensure all recommendations are based on Orange County Health Agency guidelines while not conflicting with more restrictive orders issued by local government, the State of California or the Federal Government.

**\*\*By coming to HWLL fields, you agree to abide by these requirements and understand that you may be asked to leave HWLL premises if you refuse. We cannot with 100% certainty guarantee your family's or your player's safety. Returning to practices and games, when approved by the state, are completely voluntary. If you are concerned or an at risk individual, please do not come to HWLL facilities. By entering onto HWLL property, you knowingly and freely assume all such risks, known and unknown, and assume full responsibility for your player(s) and family's participation in Little League Baseball at HWLL.**

## **II. Game Preparations:**

### **General rules:**

- **All** adults( manager/ coaches/umpire) must wear appropriate facial covering when social distancing requirements cannot be met on the playing fields i.e. in dugouts.
- **Immediate family only at all games (this would include a max of 1 parent or guardian plus siblings). At present inter team activities are not permitted**
- Eliminate the position of catcher in farm and t-ball
- No Hi fives, No Hand shakes, No Hugs, No back/shoulder patting
- Managers/coaches/Umpires limit physical contact with athletes and encourage this limited contact amongst their athletes
  - *Non contact communication: verbal encouragement, tip the cap, wave , thumbs up.*
  - *If physical contact is unavoidable due to needed equipment adjustment for safety, adult making contact with athlete must hand sanitize prior*
- No sharing of equipment. Baseball will be cleaned at the end of each practice by manager.
- Hand sanitizer used prior to athlete entering dugout, provided to athlete by parent • **III**

### **Pre and In-game: Field of play procedures:**



### **Parent/Guardian Responsibility:**

- **Determine athlete eligibility:** Prior to any HWLL activity parent or guardian **must** Answer **NO** to the following 3 questions
    - 1.)** In the last 24 hours, has you child had any cough, difficulty breathing, wheezing, or shortness of breath?
    - 2.)** Has your athlete had any contact with someone who has a confirmed active case of COVID-19?
    - 3.)** In the past 24 hours has your child athlete had a temperature of  $\geq 100.4$  (please confirm with at home temperature check day of participation).
- \*\*An answer of yes to any of the three questions above please call manager immediately and do not show up to league event including games and practice until you are cleared by MD to do so with a medical note.\*\***
- Player's equipment should be cleaned and disinfected by a parent or guardian after each day's use.
  - Notify manager immediately if immediate family member, player is symptomatic and has a confirmed positive test for Covid-19

### **Little League Volunteer (maintenance) Responsibility**

- Must wear appropriate facial covering on the playing field when social distancing requirements cannot be met.
- Additional responsibility includes marking social distance sitting area for families and score keepers in spectator bowls (Robinwood) ○ First game on field **mark areas** ○ Last game on field **remove areas**

### **Board Member on Duty (or assigned person) Responsibility**

- Board member on duty (or assigned person) will **encourage** (not enforce) physical distance among **immediate** family pod spectators.



- This can be accomplished by walkthroughs every 30 minutes by Board Member on Duty or assigned person .
- Board member or assigned person will ensure bathrooms have appropriate tools for successful handwashing.

### **Manager Responsibility:**

- Identify fourth coach (role of dugout mom's (2) in lower divisions) for each game to be "Dugout Safety Specialist"
- Ensure ALL adults( manager/ coaches/umpire) must wear appropriate facial covering when social distancing requirements cannot be met on the playing fields i.e. in dugouts.
- Ensure appropriate Hand Hygiene procedure for athletes, volunteer coaches and team moms at the following intervals throughout the game.
  - Upon entering dugout
  - Hand Hygiene (sanitizer) after each defensive inning is completed or when hands are visibly soiled when in dugout during offensive portion of innings.
  - Upon leaving dugout at game conclusion
- Ensure players wear appropriate facial covering during the follow times while on the playing field.
  - In dugout
  - Playing the position of Catcher
  - While at bat but not running bases
- Ensure all athletes wear batting gloves while batting

### **Dugout Safety Specialist (Dugout mom in lower divisions) responsibility**

- Assist manager in new safety related manager responsibilities
- retrieve bat after athlete at bat
- Wipe down all equipment
- Ensure dugout spacing, mask utilization
- Sanitizer use



- Ensure Each team use their own baseballs when on defense. ○ Foul balls landing outside the field if retrieved by spectators shall be sanitized prior to re-entry to game. ○ Balls wiped down between innings **Umpire Responsibility:**
- Enforce new league implemented rules for player eligibility with respects to athletes wearing masks, temp checks and wellness questionnaire.
- Wear mask while on playing field when appropriate social distancing cannot be achieved.

#### **Spectator Responsibility:**

- Ensure state and local social distancing guidelines are followed.

#### **Athlete's Responsibility**

- Obey all eligibility rules set forth under current playing climate
- Remember "Keep everyone safe, clean hands, do not touch face"

#### **IV Post Game Procedures**

##### **Little League Volunteers (maintenance)**

- Required to wear a mask while breaking down field if appropriate social distancing cannot be achieved. ○ Last game on field: Break down social distance bowl markings **Manager Responsibility (or designee):**

- Require all athletes to hand sanitize prior to leaving the dugout.
- Return hand sanitizer to snack bar
- Clean all league issued gear prior to next game

**\*\*HWLL reserves the right to change or adjust requirements to conform to future city and state guidelines as conditions change.**

Addendum 8/22/20 to address updated COVID19 INTERIM GUIDANCE from CAL/ OSHA and CDPH on 8-3-20



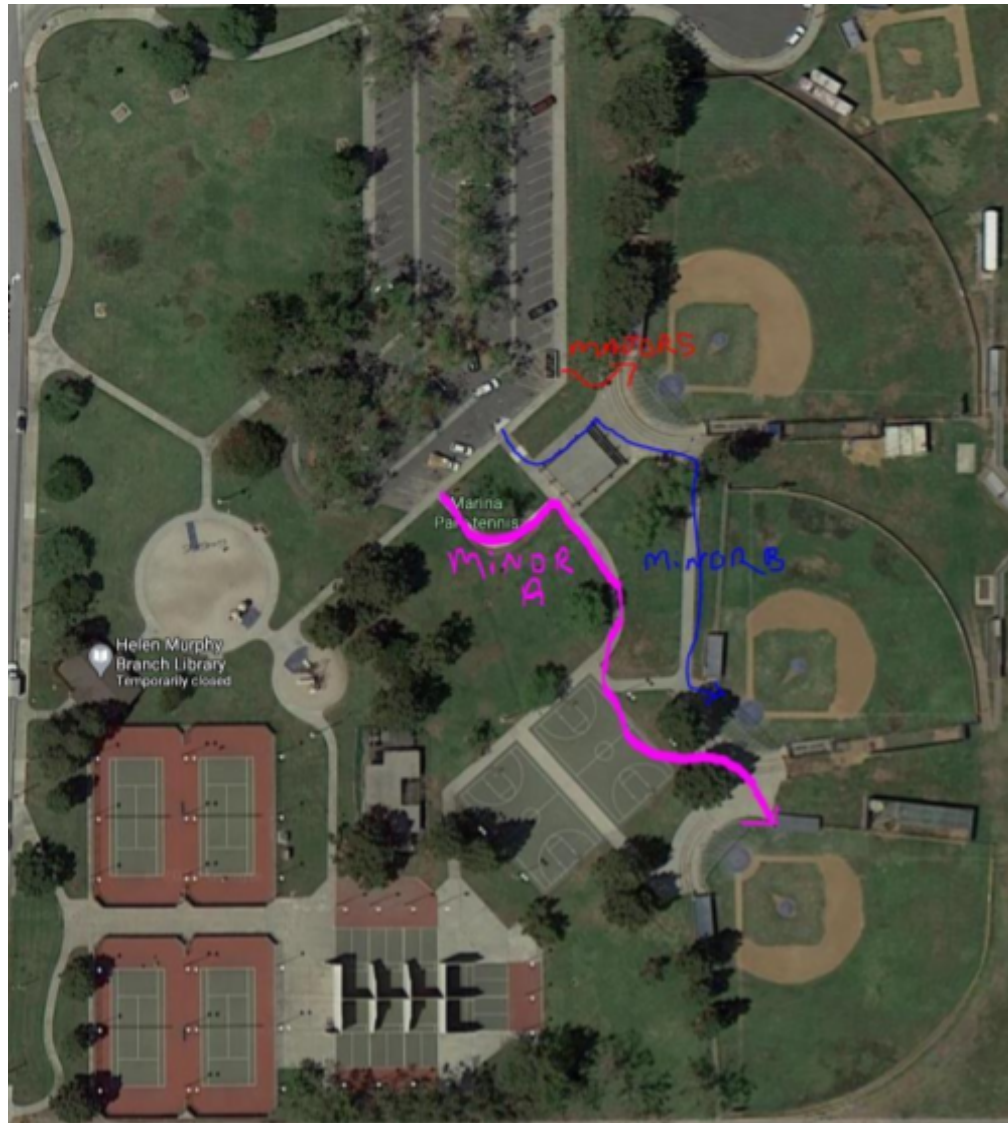
Youth sports are permitted when only when the following 2 conditions can be met

- 1.) Physical distancing of at least six feet
- 2.) A stable cohort only, for our purposes **individual team** activities only.

### **Special considerations 8/7/20**

- i. **Entry /exit procedures to field to avoid comingling**
  - 1.) Stagger practice times by 15 minutes to decrease traffic getting onto the field
    - a. Majors field: start on the hour (ex 8:00)
    - b. Mino B field start 15 past the hour (ex 8:15)
    - c. Minor A field: start half past the hour (ex. 8:30)
  - 2.) Establish entry pathway for each field as below







**ii Practice activity procedures to ensure social distancing guidelines are met Practice requirements:**

- No inter team activities can occur at any time
- Utilization of both dugouts and surrounding areas for player bags
- Ensure all drill lines meet social distancing requirements of six feet between athletes
- Balls must be placed in clearly labeled clean vs. dirty ball bucket(s) • Balls must be placed in dirty bucket upon completion of station/drill.
- Recommendation of multiple stations to ensure social distancing requirements are met
- 3 on-field adult volunteers required to start practice session
- Hand sanitizer must be used upon re-entry to dugout or every 30 minutes whichever comes first

**iii Team notification regarding Covid positive test from team member, Coach or Parent**

See appendix A for sample notification to be sent by league president